

Dear Parents/Guardians

Re: Nut Allergies

It has come to our attention that a number of pupils within the Academy have a severe allergic reaction to peanuts/nuts. This allergic reaction (anaphylactic shock) can occur through ingestion of peanut/nut products, cross contamination and breathing peanuts in the air.

Since this condition can be life threatening, we are asking for your help in minimising the risk to these children by:

- a) Avoiding giving children peanuts in school lunches
- b) Avoiding giving peanut butter sandwiches, other spreads containing nuts such as Nutella and snacks/bars containing nuts or labelled "may contain nut traces" in school lunches
- c) Asking children **not** to share their lunches.

Due to the severity of the problem, it is important that all parents carry out the suggested measures and reduce the risk of allergic reaction to these children.

We thank you for your co-operation.

Yours sincerely



Hayley Rudd
Inclusion Co-ordinator